

# Physical Education Grading Explanation and Class Expectations

Each student will receive **5 possible points** each day. Points will be based on:

- Warm up, Stretching, Conditioning
- Proper Dress and meeting class expectations
- Active participation in the activity
- Attitude, Cooperation, Sportsmanship

## Scoring Guide for Physical Education Grading

<p><b>For 5 points:</b> Student must follow all the requirements for the class: proper dress, class expectations, completing all warm-up laps without walking, completing the entire stretch routine without missing anything, completing the conditioning without walking, actively participating with great effort, showing positive cooperation with the teacher and classmates, and a positive attitude toward the teacher, classmates, and class in general.</p>	<p><b>For 4 points:</b> Student does not meet all of the requirements.</p>	<p><b>For 3 points:</b> Student does not meet the requirements in two of the areas.</p>	<p><b>For 2 points:</b> Student does not meet the requirements in three areas.</p>	<p><b>For 1 point:</b> Student is dressed out but does not meet the requirements in four areas.</p>	<p><b>For 0 points:</b> Student is not dressed out for class OR the student has an excused absence and needs to make up the class.</p> <p><b>Note:</b> Students will be allowed to miss three classes for medical reasons or school sponsored trips without having to attend make up sessions. Other absences, including parent EXCUSED need to be made up for credit/points to be given.</p>
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### DRESS:

- Students will be required to wear T-shirts (with crew-neck and sleeves) or sweatshirts
- Shorts or sweatpants with elastic waist only; **(All pants/shorts will be worn around the waist and shorts should be knee length)**
- Athletic socks; and athletic shoes appropriately tied.
- Clothing with inappropriate language, graphics, or advertisements is NOT acceptable.
- Only headgear that is religious in nature will be allowed.

### LOCKS:

Each student will receive a lock at the beginning of the semester. PLEASE MAKE SURE YOU SECURE YOUR BELONGINGS IN LOCKED LOCKERS!

**Each student is responsible for their lock throughout the semester.** Should the lock be lost or stolen, the student will be required to pay a \$6.00 fine.

Part of your responsibility for this class is to return your lock at the end of the semester. Failure to do so will result in a loss of points and the \$6.00 fine. Instructors need your help with this!!

## CLASS EXPECTATIONS:

- NO FOOD OR DRINK, except for water bottles, should be brought into the locker rooms or class areas. **This privilege may be revoked if bottles are not properly disposed of or at the teachers' discretion.**
- Each course will include fitness tests at the beginning and end of each semester.
- Each course requires warm-up laps and conditioning.
- **Cell phones are not allowed in the class areas. IPODS, etc. may be left to teacher discretion.**
- Students will be expected to enter the locker room through the downstairs hallway doors. These doors will be locked at the tardy bell. All students should stay in the locker room until it is time to go to the gym together. **(It is important for each student to have teacher supervision in the case of fire, severe weather, or other emergency situations). Students should use the restroom before going to the gym.**
- Do NOT leave the gym or other class areas without permission.
- Inappropriate language will not be tolerated.

## ABSENCES:

- Excused absences and days when you are dressed out but unable to participate because of illness or injury must be made up in **SEVEN DAYS** in order to receive the 5 possible points. That is, if you miss two days, you have 14 days to make them up, etc.
- Students **will be allowed to miss three classes for medical reasons or school sponsored trips** without having to attend make up sessions.
- **Other absences, including parent EXCUSED need to be made up** for credit/points to be given, just like expectations in other classes to complete work when absent.
- Make up opportunities are as follows:
  - After school opportunities from 3:15-4:15 p.m. will be announced in advance and are posted on the RBHS home page under Physical Education.
  - Attend another class during advisory or AUT.

As per school policy, excessive absences may result in **loss of credit.**

Doctor's excuses should be obtained if a student is ill or injured for more than two classes. **The student will be expected to dress out unless it is impossible.**

School related absences, e.g. field trips/athletic events should be made up after the **third** absence.

## GRADING:

- Truancies and no-dress days **cannot be made up!** They are considered "infractions".
- Each time a student has an infraction, 10 points will be deducted. Eight "infractions" for a semester will result in an automatic F. The student will also lose the possible daily participation points. Thus, truancies and no-dress days equal a loss of 15 points per day. Two infractions will cost the student approximately one letter grade.
- Daily participation points cannot make up for the seriousness of the "infractions".
- When a student does not dress out, they are sent to the office on a "no dress" referral and then spend the rest of the block in our loss of privilege room. This is done for supervision/safety issues since a student who is not participating in class activities, either in the gym or outside can be supervised better away from the physical activity that is occurring that day. By the third "no dress," a student is removed to loss of privilege and receives a disciplinary consequence. Not participating in physical activity is similar to refusing to work in a classroom setting (insubordination)
- After the eighth no dress, it is possible that the student may be removed from the class with a withdrawal failing grade and placed in study hall. This will be handled on an individual basis, depending on circumstances, time left in the semester, etc.

## GRADING SCALE:

100%-94%	A	82%-80%	B-	69%-67%	D+
93%-90%	A-	79%-77%	C+	66%-63%	D
89%-87%	B+	76%-73%	C	62%-60%	D-
86%-83%	B	72%-70%	C-	< 60%	F