

June 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3 Last Day of School	4
5	6	7	8	9	10	11
<p>All workouts will take place at Oakland Jr. High in the weight room. They will go from 4:00—5:45 and will include weight training and conditioning.</p>						
12	13	14 WORKOUT #1	15 WORKOUT #2	16 WORKOUT #3	17	18
19	20	21 WORKOUT #4	22 WORKOUT #5	23 WORKOUT #6	24	25
26	27	28 WORKOUT #7	29 WORKOUT #8	30 WORKOUT #9		

July 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5 WORKOUT #10	6 WORKOUT #11	7 WORKOUT #12	8	9
10	11	12 WORKOUT #13	13 WORKOUT #14	14 WORKOUT #15	15	16
17	18	19	20	21	22	23
		FOOTBALL CAMP #1				
24	25	26	27	28	29	30 DEAD PERIOD BEGINS
		FOOTBALL CAMP #2				
31						

August 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
	DEAD PERIOD—NO WORKOUTS					
7 DEAD PERIOD ENDS	8 <u>FIRST DAY OF PRACTICE</u> 7:00—12:00 Break from 9—10	9 <i>Practice</i> 7:00—12:00 Break from 9—10	10 <i>Practice</i> 7:00—12:00 Break from 9—10	11 <i>Practice</i> 7:00—12:00 Break from 9—10	12 <i>Practice</i> 7:00—12:00 Break from 9—10	13
14	15 TEACHER MEETINGS <i>Practice</i> 3:00—5:45	16 <i>Practice</i> 3:00—5:45	17 <i>Practice</i> 3:00—5:45	18 <u>First Day of School</u> <i>Practice</i> 3:00—5:45	19 <i>Practice</i> 3:00—5:45	20
21	22 <i>Practice</i> 3:00—5:45	23 <i>Practice</i> 3:00—5:45	24 <i>Practice</i> 3:00—5:00	25 <i>Blue & Orange</i> 3:00—4:30 <u>Parent Meeting to follow (4:45)</u>	26 <i>Practice</i> 3:00—5:00	27
28	29 <i>Practice</i> 3:00—5:45	30 <i>Practice</i> 3:00—5:45	31 <i>Practice</i> 3:00—5:00			

September 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 GAME (HHS) <i>SoBoCo</i> 6:00 PM	2 Practice 3:00—5:00	3
4	5 NO SCHOOL	6 Practice 3:00—5:45	7 Practice 3:00—5:45	8 GAME @. <i>Jeff City</i> 6:00 PM	9 Practice 3:00—5:00	10
11	12 Practice 3:00—5:45	13 Practice 3:00—5:45	14 Practice 3:00—5:45	15 Practice 3:00—5:00	16 NO PRACTICE	17
18	19 Practice 3:00—5:45	20 Practice 3:00—5:45	21 Practice 3:00—5:00	22 GAME (HHS) <i>California</i> 6:00 PM	23 Practice 3:00—5:00	24
25	26 Practice 3:00—5:45	27 Practice 3:00—5:45	28 Practice 3:00—5:00	29 GAME (HHS) <i>West (A&B)</i> 6:00 PM	30 Practice 3:00—5:00	

October 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3 <i>Practice</i> 3:00—5:45	4 <i>Practice</i> 3:00—5:45	5 <i>Practice</i> 3:00—5:00	6 GAME (HHS) <i>Helias</i> 4:30 PM	7 <i>Practice</i> 3:00—5:00	8
9	10 <i>Practice</i> 3:00—5:45	11 <i>Practice</i> 3:00—5:45	12 <i>Practice</i> 3:00—5:00	13 GAME @ <i>Tipton</i> 6:00 PM	14 <i>Practice</i> 3:00—5:00	15
16	17 <i>Practice</i> 3:00—5:45	18 <i>Practice</i> 3:00—5:45	19 <i>Practice</i> 3:00—5:00	20 GAME (HHS) <i>Centralia</i> 6:00 PM	21 <i>Practice</i> 3:00—5:00	22
23	24 <i>Practice</i> 3:00—5:45	25 <i>Practice</i> 3:00—5:45	26 <i>Practice</i> 3:00—5:00	27 GAME (RBHS) <i>Jeff Jr. (A&B)</i> 5:00 PM	28 EQUIPMENT TURN-IN 3:00—4:30	29
30	31					